

## Hazelnut Wafer



### Nutrition facts per 100g

Energy	542 kcal
Fat	31,9 g
of which	
Saturated Fat	18,6 g
Carbohydrates	54,0 g
of which Sugar	42,6 g
Protein	7,6 g
Salt	0,4 g

ProDaBi

## Popcorn



### Nutrition facts per 100g

Energy	499 kcal
Fat	23,0 g
of which	
Saturated Fat	13,8 g
Carbohydrates	57,0 g
of which Sugar	3,8 g
Protein	10,7 g
Salt	1,8 g

ProDaBi

## Apple



### Nutrition facts per 100g

Energy	52 kcal
Fat	0,2 g
of which	
Saturated Fat	0,0 g
Carbohydrates	13,8 g
of which Sugar	11,0 g
Protein	0,3 g
Salt	0,0 g

ProDaBi

## Light Rye Bread



### Nutrition facts per 100g

Energy	229 kcal
Fat	4,9 g
of which	
Saturated Fat	0,8 g
Carbohydrates	35,0 g
of which Sugar	2,3 g
Protein	7,7 g
Salt	1,0 g

ProDaBi

## Banana



### Nutrition facts per 100g

Energy	95 kcal
Fat	0,3 g
of which	
Saturated Fat	0,1 g
Carbohydrates	21,0 g
of which Sugar	12,0 g
Protein	1,1 g
Salt	0,1 g

ProDaBi

## Potatoe Chips



### Nutrition facts per 100g

Energy	503 kcal
Fat	28,0 g
of which	
Saturated Fat	2,6 g
Carbohydrates	53,0 g
of which Sugar	2,9 g
Protein	6,3 g
Salt	2,8 g

ProDaBi

## Pretzel Sticks



### Nutrition facts per 100g

Energy	392 kcal
Fat	5,9 g
of which	
Saturated Fat	0,8 g
Carbohydrates	71,0 g
of which Sugar	3,4 g
Protein	12,0 g
Salt	4,5 g

ProDaBi

## Pasta



### Nutrition facts per 100g

Energy	359 kcal
Fat	2,0 g
of which	
Saturated Fat	0,5 g
Carbohydrates	70,9 g
of which Sugar	3,5 g
Protein	12,8 g
Salt	0,0 g

ProDaBi

## French Fries



### Nutrition facts per 100g

Energy	289 kcal
Fat	14,0 g
of which	
Saturated Fat	1,3 g
Carbohydrates	36,0 g
of which Sugar	0,3 g
Protein	3,4 g
Salt	0,7 g

ProDaBi

## Peas



### Nutrition facts per 100g

Energy	86 kcal
Fat	1,0 g
of which	
Saturated Fat	0,2 g
Carbohydrates	9,4 g
of which Sugar	3,5 g
Protein	6,4 g
Salt	0,0 g

ProDaBi

## Lettuce



### Nutrition facts per 100g

Energy	7 kcal
Fat	0,0 g
of which	
Saturated Fat	0,0 g
Carbohydrates	0,7 g
of which Sugar	0,7 g
Protein	0,5 g
Salt	0,0 g

ProDaBi

## Meatballs



### Nutrition facts per 100g

Energy	294 kcal
Fat	22,0 g
of which	
Saturated Fat	2,8 g
Carbohydrates	10,5 g
of which Sugar	2,0 g
Protein	13,5 g
Salt	1,5 g

ProDaBi

## Fried Egg



### Nutrition facts per 100g

Energy	204 kcal
Fat	17,1 g
of which	
Saturated Fat	6,1 g
Carbohydrates	1,0 g
of which Sugar	1,0 g
Protein	11,4 g
Salt	0,5 g

ProDaBi

## Rusk



### Nutrition facts per 100g

Energy	405 kcal
Fat	5,2 g
of which	
Saturated Fat	0,7 g
Carbohydrates	74,0 g
of which Sugar	14,0 g
Protein	11,0 g
Salt	0,6 g

ProDaBi

## Marble Cake



### Nutrition facts per 100g

Energy	447 kcal
Fat	26,0 g
of which	
Saturated Fat	14,0 g
Carbohydrates	54,0 g
of which Sugar	33,0 g
Protein	5,4 g
Salt	0,4 g

ProDaBi

## Salami



### Nutrition facts per 100g

Energy	360 kcal
Fat	30,8 g
of which	
Saturated Fat	12,8 g
Carbohydrates	1,9 g
of which Sugar	1,8 g
Protein	19,7 g
Salt	2,9 g

ProDaBi

## German Sausage



### Nutrition facts per 100g

Energy	236 kcal
Fat	18,0 g
of which	
Saturated Fat	7,0 g
Carbohydrates	1,0 g
of which Sugar	1,0 g
Protein	18,0 g
Salt	2,0 g

ProDaBi

## Chicken Nuggets



### Nutrition facts per 100g

Energy	241 kcal
Fat	11 g
of which	
Saturated Fat	1,5 g
Carbohydrates	21,0 g
of which Sugar	0,5 g
Protein	14,0 g
Salt	1,0 g

ProDaBi

## Vanilla Ice Cream



### Nutrition facts per 100g

Energy	207 kcal
Fat	11,0 g
of which	
Saturated Fat	6,7 g
Carbohydrates	24,0 g
of which Sugar	21,0 g
Protein	3,5 g
Salt	0,1 g

ProDaBi

## Strawberry Yogurt

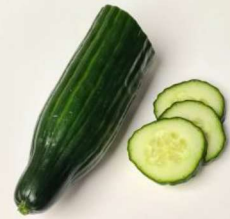


### Nutrition facts per 100g

Energy	93 kcal
Fat	2,8 g
of which	
Saturated Fat	1,8 g
Carbohydrates	14,0 g
of which Sugar	13,0 g
Protein	3,0 g
Salt	0,1 g

ProDaBi

## Cucumber



### Nutrition facts per 100g

Energy	12 kcal
Fat	0,1 g
of which	
Saturated Fat	0,0 g
Carbohydrates	3,6 g
of which Sugar	1,7 g
Protein	0,7 g
Salt	0,0 g

ProDaBi

## Broccoli



### Nutrition facts per 100g

Energy	43 kcal
Fat	0,2 g
of which	
Saturated Fat	0,0 g
Carbohydrates	2,9 g
of which Sugar	1,7 g
Protein	4,0 g
Salt	0,0 g

ProDaBi

## Chocolate Muesli



### Nutrition facts per 100g

Energy	406 kcal
Fat	11,3 g
of which	
Saturated Fat	4,7 g
Carbohydrates	60,7 g
of which Sugar	22,2 g
Protein	10,7 g
Salt	0,2 g

ProDaBi

## Waffle



### Nutrition facts per 100g

Energy	459 kcal
Fat	24,3 g
of which	
Saturated Fat	12,7 g
Carbohydrates	53,0 g
of which Sugar	33,8 g
Protein	7,5 g
Salt	0,3 g

ProDaBi

## Butter

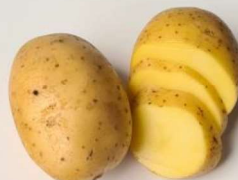


### Nutrition facts per 100g

Energy	743 kcal
Fat	82,0 g
of which	
Saturated Fat	55,0 g
Carbohydrates	0,7 g
of which Sugar	0,7 g
Protein	0,6 g
Salt	0,0 g

ProDaBi

## Potato



### Nutrition facts per 100g

Energy	71 kcal
Fat	0,1 g
of which	
Saturated Fat	0,0 g
Carbohydrates	15,0 g
of which Sugar	0,8 g
Protein	1,7 g
Salt	2,0 g

ProDaBi

## Milk Chocolate



### Nutrition facts per 100g

Energy	530 kcal
Fat	29,5 g
of which	
Saturated Fat	17,5 g
Carbohydrates	58,5 g
of which Sugar	57,5 g
Protein	6,6 g
Salt	0,2 g

ProDaBi

## Mayonnaise



### Nutrition facts per 100g

Energy	721 kcal
Fat	79,3 g
of which	
Saturated Fat	10,0 g
Carbohydrates	0,2 g
of which Sugar	0,2 g
Protein	1,2 g
Salt	0,8 g

ProDaBi

## Mustard



### Nutrition facts per 100g

Energy	119 kcal
Fat	7,3 g
of which	
Saturated Fat	1,5 g
Carbohydrates	3,8 g
of which Sugar	1,9 g
Protein	6,7 g
Salt	3,9 g

ProDaBi

## Walnut



### Nutrition facts per 100g

Energy	723 kcal
Fat	70,0 g
of which	
Saturated Fat	6,6 g
Carbohydrates	6,0 g
of which Sugar	5,0 g
Protein	16,0 g
Salt	0,0 g

ProDaBi

## Turkey breast



### Nutrition facts per 100g

Energy	111 kcal
Fat	1,7 g
of which	
Saturated Fat	0,6 g
Carbohydrates	0,0 g
of which Sugar	0,0 g
Protein	24,0 g
Salt	0,2 g

ProDaBi

## Dates



### Nutrition facts per 100g

Energy	279 kcal
Fat	0,2 g
of which	
Saturated Fat	0,1 g
Carbohydrates	73,0 g
of which Sugar	60,0 g
Protein	2,2 g
Salt	0,0 g

ProDaBi

## Avocado



### Nutrition facts per 100g

Energy	160 kcal
Fat	13,0 g
of which	
Saturated Fat	2,8 g
Carbohydrates	2,0 g
of which Sugar	0,7 g
Protein	1,5 g
Salt	0,1 g

ProDaBi

## Smoked Salmon



### Nutrition facts per 100g

Energy	193 kcal
Fat	13,0 g
of which	
Saturated Fat	2,6 g
Carbohydrates	0,0 g
of which Sugar	0,0 g
Protein	19,0 g
Salt	3,0 g

ProDaBi

## Mushrooms



### Nutrition facts per 100g

Energy	22 kcal
Fat	0,5 g
of which	
Saturated Fat	0,0 g
Carbohydrates	0,1 g
of which Sugar	0,0 g
Protein	3,1 g
Salt	0,0 g

ProDaBi

## Gummy Bears



### Nutrition facts per 100g

Energy	343 kcal
Fat	0,1 g
of which	
Saturated Fat	0,1 g
Carbohydrates	77,0 g
of which Sugar	46,0 g
Protein	6,9 g
Salt	0,1 g

ProDaBi

## Crispbread



### Nutrition facts per 100g

Energy	349 kcal
Fat	3,0 g
of which Saturated Fat	0,7 g
Carbohydrates	61,0 g
of which Sugar	0,7 g
Protein	12,0 g
Salt	0,5 g

ProDaBi

## Oats



### Nutrition facts per 100g

Energy	368 kcal
Fat	7,0 g
of which Saturated Fat	1,5 g
Carbohydrates	58,7 g
of which Sugar	0,7 g
Protein	13,5 g
Salt	0,0 g

ProDaBi

## Raspberry Jam



### Nutrition facts per 100g

Energy	223 kcal
Fat	0,2 g
of which Saturated Fat	0,0 g
Carbohydrates	52,2 g
of which Sugar	51,7 g
Protein	0,7 g
Salt	0,0 g

ProDaBi

## Smoked Ham



### Nutrition facts per 100g

Energy	226 kcal
Fat	14,0 g
of which Saturated Fat	5,6 g
Carbohydrates	0,8 g
of which Sugar	0,2 g
Protein	24,0 g
Salt	5,5 g

ProDaBi

## Rice



### Nutrition facts per 100g

Energy	349 kcal
Fat	0,9 g
of which Saturated Fat	0,3 g
Carbohydrates	77,3 g
of which Sugar	0,3 g
Protein	7,3 g
Salt	0,0 g

ProDaBi

## Fish Sticks



### Nutrition facts per 100g

Energy	195 kcal
Fat	7,7 g
of which Saturated Fat	0,6 g
Carbohydrates	18,0 g
of which Sugar	0,8 g
Protein	13,0 g
Salt	1,0 g

ProDaBi

## Carrot



### Nutrition facts per 100g

Energy	31 kcal
Fat	0,2 g
of which Saturated Fat	0,1 g
Carbohydrates	4,7 g
of which Sugar	4,6 g
Protein	0,9 g
Salt	0,0 g

ProDaBi

## Bread Roll



### Nutrition facts per 100g

Energy	271 kcal
Fat	1,6 g
of which Saturated Fat	0,5 g
Carbohydrates	55,0 g
of which Sugar	1,2 g
Protein	8,0 g
Salt	1,7 g

ProDaBi

## Bell Pepper



### Nutrition facts per 100g

Energy	43 kcal
Fat	0,5 g
of which Saturated Fat	0,0 g
Carbohydrates	6,4 g
of which Sugar	6,4 g
Protein	1,3 g
Salt	0,2 g

ProDaBi

## Vegan Liverwurst



### Nutrition facts per 100g

Energy	345 kcal
Fat	33 g
of which	
Saturated Fat	23,0 g
Carbohydrates	5,8 g
of which Sugar	1,6 g
Protein	5,7 g
Salt	1,6 g

ProDaBi

## Pretzel



### Nutrition facts per 100g

Energy	295 kcal
Fat	5,4 g
of which	
Saturated Fat	0,3 g
Carbohydrates	51,0 g
of which Sugar	2,7 g
Protein	8,9 g
Salt	2,1 g

ProDaBi

## Gouda



### Nutrition facts per 100g

Energy	354 kcal
Fat	27,7 g
of which	
Saturated Fat	17,9 g
Carbohydrates	0,0 g
of which Sugar	0,0 g
Protein	26,3 g
Salt	2,2 g

ProDaBi

## Ketchup



### Nutrition facts per 100g

Energy	101 kcal
Fat	0,5 g
of which	
Saturated Fat	0,1 g
Carbohydrates	20,0 g
of which Sugar	19,0 g
Protein	1,7 g
Salt	1,8 g

ProDaBi

## Margarine



### Nutrition facts per 100g

Energy	720 kcal
Fat	80,0 g
of which	
Saturated Fat	23,0 g
Carbohydrates	0,0 g
of which Sugar	0,0 g
Protein	0,0 g
Salt	0,2 g

ProDaBi

## Dark Chocolate



### Nutrition facts per 100g

Energy	582 kcal
Fat	43,0 g
of which	
Saturated Fat	26,0 g
Carbohydrates	37,0 g
of which Sugar	29,0 g
Protein	6,7 g
Salt	0,0 g

ProDaBi

## Tomato



### Nutrition facts per 100g

Energy	19 kcal
Fat	0,1 g
of which	
Saturated Fat	0,0 g
Carbohydrates	3,5 g
of which Sugar	3,2 g
Protein	0,7 g
Salt	0,0 g

ProDaBi

## Sandwich Biscuit



### Nutrition facts per 100g

Energy	470 kcal
Fat	18,5 g
of which	
Saturated Fat	8,6 g
Carbohydrates	68,7 g
of which Sugar	32,4 g
Protein	5,4 g
Salt	0,4 g

ProDaBi

## Caramel Candies



### Nutrition facts per 100g

Energy	424 kcal
Fat	8,4 g
of which	
Saturated Fat	5,7 g
Carbohydrates	86,9 g
of which Sugar	71,6 g
Protein	0,3 g
Salt	1,0 g

ProDaBi

## Zucchini



### Nutrition facts per 100g

Energy	19 kcal
Fat	0,4 g
of which	
Saturated Fat	0,1 g
Carbohydrates	2,2 g
of which Sugar	1,6 g
Protein	1,6 g
Salt	0,0 g

ProDaBi